



A six week program consisting of quality instruction from experienced coaches and extensive game play.

**Grades 3/4 Session**

Mondays and Thursdays 6-7 pm

**Grades 4/5 Session**

Wednesdays 6-7 pm and Thursdays 7-8 pm

**Grades 5/6 Session**

Mondays and Wednesdays 7-8 pm

**Location and Dates**

All sessions @ South Ridge YMCA  
Runs Sept 19 - Oct 28

**Cost**

\$100 for MY Basketball Program only  
*(includes reversible jersey and basketball)*

\$250 for MY Basketball Program +  
MHCBA League  
*(includes reversible jersey, basketball & uniform)*



Designed for those who wish to hone their skills and get in shape for the upcoming school season.

**Junior High "B" (grades 7/8)**

Sundays 1:00-2:15 pm

**Junior High "A" (grades 8/9)**

Sundays 2:15-3:30 pm

**Senior High (grades 10 - 12)**

Sundays 3:30-4:45 pm

**Location and Dates**

Sundays from Sept 25 - Oct 30 (except  
Thanksgiving weekend Oct 9) @ South Ridge  
YMCA

**Cost**

\$50 for Prep Camp only

\$220 for Prep Camp + MHCBA League  
*(available for grade 7's only)*



A fair play house league consisting of one team practice and one game per week.



**Grades 5 to 7 MHCBA League**

Season runs late November - late March.

Each team will practice one week night evening per week and play one game per week on Sunday afternoon.

All participants receive a game uniform.

**Cost**

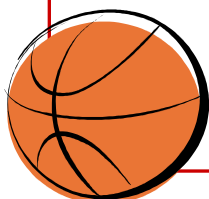
\$200 for MHCBA League only

\$250 for MY Basketball Program +  
MHCBA League  
*(available for grade 5's & 6's only)*

\$220 for Prep Camp + MHCBA League  
*(available for grade 7's only)*

**TO REGISTER OR FOR MORE INFORMATION:**

[www.rangersbasketballclub.ca](http://www.rangersbasketballclub.ca)  
[rbchoops@telus.net](mailto:rbchoops@telus.net) or 403-548-7286  
**Space is limited! Register early!**



**Help Wanted!**

The MHCBA requires **volunteer coaches** and **minor officials** in order to operate. No formal experience is required. Training will be provided and each coach will receive a coach's package.

Please contact us if you or someone you know is interested in getting involved. The success of our program depends on you!