



# Rangers Basketball Club Parental FAQ sheet

## **What equipment do players need?**

Players need a good pair of basketball shoes, preferable with a herringbone sole and at least one water bottle. Players will also have to provide their own tape and pro-wrap for taping. Rangers will provide uniforms and basketballs. The uniforms are yours to keep, while the basketballs are returned at the end of each season.

## **How long is the season?**

The season stretches from the end of March through to the long weekend in July.

## **Is regular attendance required at practices and games?**

Attendance is mandatory at all team events. Not attending will cost your athlete playing time.

## **What is the schedule for practices and games?**

During the season teams will practise two to three times per week for 1.5 to 2 hours. We also have an athletic development component that is as essential as an on-court practice. It is recommended by Sport Canada and Basketball Canada that we as a nation do more to develop overall athleticism as well as sport skills at these developmental ages.

It is recommended that a ratio of one game be played for every 2-3 practices. But, that ratio may be higher with young children and may drop with the older children. Your family's schedule, combined with your child's other activities must be considered when deciding to play basketball (whether it is house league or rep teams). It is frustrating and unfair to everyone concerned when a player cannot make the commitment to the team.

Rangers Basketball strives to provide a monthly schedule at least three weeks in advance so that there are no "surprises". This helps to ensure that each athlete will do their utmost to attend every team function.

## **Do all players play equally?**

Unlike the community league, there are no fair play restrictions in place. Coaches will evaluate playing time on a myriad of factors. The most important and controllable ones an athlete can use to influence a coaches' decision are: work rate, attitude, attendance, performance and off-court behaviour.

## **What is the tryout process?**

Every player is guaranteed three tryouts. On occasion additional tryouts are required and you will be notified by the coach at the third tryout. There is a fee of \$10 (for all three tryouts) to help cover the gym expense.

## **What are the parental responsibilities?**

Parents are requested to ensure that their child attends all practices and games on a regular basis.

A few times a season, parents may be asked to volunteer with their child's team. Parents can assist with timekeeping and scorekeeping at games, record game stats, provide canteen items (baked goods, drinks, hot dogs, etc.) driving other children to tournaments, and help with general administrative duties.

Parent volunteers are a very important part to the success of the club and we are always looking for volunteers to help. If you are interested in volunteering please contact the coach, team manager or the club president.

### **What is the difference between representative and recreational leagues?**

The Rangers Spring/Summer program is a representative program. The representative program gives interested players an increased level of competitive basketball and focuses on development of the player's basketball and athletic skills. The commitment is generally greater, as teams practice more often, and travel to tournaments.

### **How important is winning?**

The club's position is that all coaches should have the long-term development of their players as the top priority. We encourage all coaches to teach motion type offenses where there are no designated post and guard players (especially at the younger ages). We also encourage coaches to emphasize man-to-man defenses. We believe that both of these are important to the long-term development of the players and team. Within this framework, coaches are free to use their own judgment. We suggest that you discuss this with the coach at the division you plan on participating in.

### **How much does it cost?**

The individual teams set fees ranging from \$450 to \$750 for the season, dependent upon the age of the players (high school players need larger gyms and for longer periods of time), the number of tournaments entered and the amount of fundraising. These fees include the AYBC registration fee (TBD), insurance coverage, gym rental, tournament fees. There are NO additional fees. Financial assistance is available.

### **What does the registration fee cover?**

For representative teams, the registration fee covers the cost of all practice gym rentals, gym rentals for mini-tournaments, basketballs and other practice equipment, coach training and insurance. It also covers all tournament entry fees, additional mini-tournament hostings (if applicable) and accommodations at out of town tournaments.

### **How many trips are made out of town? What are the costs associated with these?**

Only the representative teams travel out of town to overnight tournaments. Each team participates in approximately 3-4 away tournaments. The costs are built into your registration fee.

### **Who do I contact for more information about the Rangers Basketball Club?**

You can contact the Brendan Lally at rbchoops (at) telus (dot) net.